

Dr.

Niama T. Malachi

Author | Executive Coach | Psychologist



Meet Dr. Niama T. Malachi

Dr. Niama T. Malachi is a Psychologist and Certified Lean Six Sigma Black Belt Professional. She holds a certificate in Positive Psychology from the University of Pennsylvania and a Certificate in Organizational Leadership from Northwestern University.

For nearly a decade, she has advised Senior Executives, Fortune 500 companies, start-ups, and small businesses a-like, on key planning issues, made recommendations on important business decisions and coached them to success.

In addition to her career endeavors, Dr. Malachi is proud of her community engagement efforts. She is the Founder and former Chairman of Determined to Obtain Pure Excellence, Inc., for which she has garnered legislative recognition. Additionally, she is the author of "A Hip Hop State of Mind", where she explored the psychological impact of Hip Hop on the Black Community. Dr. Malachi has co-chaired the Award-winning State of Black Male and Female Relationships Conference and served as the Color of Change (Chicago), Voter Impact Committee-Chair. Dr. Niama currently lectures at the only primary black institution in the state of Illinois, Chicago State University,

Lastly, Dr. Malachi has been honored as a participant in the Levinson Early Career Consultants Development Group for DIV-13 Society of Consulting Psychologist-American Psychological Association and as the Diva In Business 2020 Cover Feature for Tycoon Magazine.





MY BLOCK ★ MY HOOD ★ MY CITY



GREATER AUBURN-GRESHAM
DEVELOPMENT CORPORATION

Cookie Kutter Corporate

A leadership training developed to address the growing demands of management in a transitional state and beyond

Module 1: "Keeping It Whole"

90 mins

- The use of Assertive Communication amongst teams
Examine the difference between passive, aggressive, and assertive communication. Participants will have an opportunity to model the use of assertive communication in various scenarios.
- Active Listening
- Can We Talk: Participants will gauge where they are on the communication continuum
- Considering the Circumstances

Module 2: "Celebrating Differences one Uniqueness at a Time"

90 mins

- What are your strengths?
Participants will take a strengths assessment and learn their top strengths. They can additionally use the assessment to learn their employees' top strengths.
- Utilizing your top strengths
- Recognizing disharmony as the under or over utilization of strengths.
- A Nod to Diversity Equity and Inclusion

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Module 3: "Just Lead"

90 mins

- Leadership Defined
- I Lead-Learn your leadership style, participants will take a leadership assessment
- Your top strengths as a leader
- Leading with integrity
- Leading in a VUCA (volatile, uncertain, complex, ambiguous) state

Module 4: "Burn Up Not Out"

90 mins

- What is Burnout - Covers Burnout, the effects of Burnout, Avoiding Burnout and Self Care
- Trust and Masterful Delegation
- Using creativity and passion to drive success

What's Included:

1. Video Tutorial that will be accessible on Demand
2. Powerpoint for each module
3. Quizzes for all four modules
4. Worksheets for all four modules
5. Participant survey after each module
6. An assessment is included for each module

Signature Topics

- Organizational Leadership
 - Leading with Integrity
 - Transitional Leadership
 - Black Women & Leadership
 - Team Cohesion, Collaboration & Communication
- Corporate Wellness
 - Self Care & Burnout
 - WorkLife Balance
 - Imposter Syndrome
- Mental Health
 - Grit, Resilience & Strength
 - Managing Anxiety & Stress
 - Access to Care and Resources
- Social Justice
 - Diversity, Equity, and Inclusion
 - Gun Violence
 - Policing
 - Community Development
 - Youth Engagement & Activism



“Do not be afraid. I cannot say this enough. Fear is immobilizing and it keeps you powerless. Rise above it. If something makes you afraid, if it is not morally, ethically, or legally wrong, do that something.”

-Dr. Niama T. Malachi

Testimonials



"It was a pleasure working with Dr. Malachi. Aside from her astute analytical skills, she was very much a team champion. She successfully led various senior leadership projects and communicated the needs of the organization effectively.

Michael Sherbun, RN, MHA, Vice President



"Dr. Malachi has been a pillar in our community. She has inspired the lives of inner-city children and has spoken true words of wisdom to uplift and encourage the broken-hearted.

Coletta Franciscus, MFT, Mental Health Chief II



"Dr. Malachi provided exceptional support for me. She understood the needs of the organization and aided me in implementing and executing our strategic plan. She was reliable and trusted for guidance by our Senior Leadership team.

David Fletcher-Janzen, CEO

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